

# GSMC – FAIMER REGIONAL INSTITUTE

## Bionote of 2020 Fellows



***Dr. Anita S. Chalak***

I am Dr Anita S. Chalak, presently working as Professor and Head, Department of Biochemistry, Seth GS Medical College and Hospital, Parel, Mumbai- 400012. I was born in Punjab in 1975. Being from defence background, I am very meticulous, sincere and hardworking. My husband, Dr Shivaji is working as HOD Physiology at TERNA Medical College, Nerul, Mumbai. I have two sons, Elder one (21 years old), pursuing B. Tech from IIT Bombay and the younger one (15 years old) is in 10<sup>th</sup> std. My interests are playing with kids of all ages and spending quality time with family and friends. I have done my **MBBS** and **MD** in Biochemistry from GMC Aurangabad in year 1997 and 2001 respectively. After that I did my first basic medical education workshop in 2009 at MCI nodal centre, Sawangi, Wardha, Datta Meghe University of Health Sciences (DU). Since then I am interested and involved in Medical Education Technology as a faculty for both Basic and Advance courses. I completed my Masters in Health Professions Education, in year 2013, where my thesis topic was "**ECE for Undergraduate Students in Classroom Settings**" Thereafter I completed my **Ph.D.** in Health Professions Education in year 2017, where my thesis topic was "**Early Research Exposure for Undergraduates**". I have around 20 **publications** and following 3 **copyrights** to my credit.

1. Curriculum Model for undergraduates
2. Curriculum Model for post graduates
3. Early Research Exposure Model

I joined Seth GS Medical College and KEM Hospital, as Professor in 2015. I am institutional curriculum committee member from the preclinical phase and also faculty at Medical Education Unit of the institute.

Besides being interested in MET, I have great interest for my subject and I am involved in teaching undergraduates and post graduates, quality assurance of the Clinical Biochemistry Laboratory, Research work and Administration.

I look forward to be a member of FAIMER Family, so that I can bring about lot of innovations in curriculum, teaching learning methodologies and assessment of the students.

I am very thankful to GSMC FAIMER institute for selecting me for GSMC FAIMER fellowship 2020. I am sure I would make this opportunity, a fruitful one. I am looking forward for this educational feast and to meet my fellow participants, so as to exchange our ideas in the field of Medical Education, for the benefit of the society.



***Dr Anupama Bahadur***

I am Dr Anupama Bahadur currently working as Additional Professor in the Dept of Obstetrics & Gynecology in AIIMS, Rishikesh. I was Head Division of Robotic Surgery for the year 2019. I was born in Kanpur in a Kashmiri family and did my schooling in Naini-Tal. I completed my MBBS & Internship from Stanley Medical College, Chennai. I moved to Delhi & completed my DNB in Obs & Gynae from Sir Ganga Ram Hospital following which I completed my Senior Residency from AIIMS Delhi. Having developed a keen interest in Reproductive Medicine & IVF, I worked as a Senior Research Associate in IVF at AIIMS Delhi & continued in Research for another three years in ICMR Project. I did my Commonwealth Fellowship in Reproductive Medicine & IVF from University of Aberdeen, Scotland.

Teaching has been an integral part of my career & I am involved in UG & PG teaching and other health related branches in my Institute. Imparting surgical skills to PG students is what I like best. I have been able to enhance & update my knowledge by participating regularly in seminars, workshops, conferences & CME at National level. I have been actively involved in Research throughout my career and testimony to this is 40 publications in peer-reviewed indexed journals. I have organised workshops in Obstetric Emergency, Infertility, Guest lectures and as Resource Faculty in many Academic Programs conducted by Medical Education at AIIMS Rishikesh. In addition, I have contributed immensely in building new horizons in surgical specialty with setting up of the Robotics Program at AIIMS Rishikesh.

My parents have been supportive of my career and I draw my inspiration from my father who is a Surgeon. I enjoy shopping & cooking, for me both relieve stress.

The foundation of my learning is based on three pillars of Teaching, Research and Patient care. This got momentum when I was able to integrate academics with evidence generation for optimization of patient care. As a health care professional serving the poor & needy gives me immense satisfaction & motivates me to work harder.

I am really grateful to FAIMER for accepting me as a Fellow in this prestigious organization. I look forward to this opportunity to interact and exchange ideas with Fellows in the field of Medical education. It will be a learning experience that will leave me enriched for life.



***Dr. Arunima Chaudhuri***

I am Arunima Chaudhuri, currently working as Associate Professor, Department of Physiology, Burdwan Medical College under West Bengal Medical Education Services. I am a Bengali. I was born in Burdwan Medical College. I have done my MBBS from NilratanSircar Medical College, Kolkata and MD in Physiology from DY Patil Medical college, Pune. In MD examination I stood first and was awarded Gold Medal. I have completed my Ph. D from West Bengal University of Health Sciences on Stress and Stress Management. I have done MBA in Human Resource Management. I am single and I love gardening. I love to do research work and my topic of interest is mental stress. I am also involved in teaching medical UG and PG students & other health related branches & try to do it with innovative methods. I like to update my knowledge by attending seminars, workshops, conferences & CME. I have 115 publications to my credit. I have an ambition to improve healthcare by innovative methods. I get a lot of satisfaction after helping people with mental health issues. I am thankful to FAIMER organization for my selection. I think it's a great opportunity to meet others, exchange our ideas, in the field of medical education. I am sure I will get an ample benefit from this interactive educative programme. It's really going to be an Educational Feast for me. Eager to meet EVERYONE in this programme.



***Dr. Chhaya Verma***

Hello! I am, Chhaya Verma, currently working as a Professor & Head of Physiotherapy School & Centre, TNMC & BYL Nair Hospital, Mumbai. I have been associated with this institute since 2016. Professionally my journey begins with UG from Seth GSMC & KEMH ( 1984) and PG from LTMGH & LTMMC, Sion (1988). Just few days back on 13th February 2020 ,I have been honored with PhD degree by DY Patil University, Navi Mumbai. I have also completed post graduate diploma in Hospital Health Care & Management from Pune university in 2002. I worked at LTMGH for 23 years, to begin with as a Junior Physiotherapist, then Lecturer & Associate Professor before getting transferred to KEMH in 2008. I have been recognized UG & PG teacher as well as PhD guide at Maharashtra University of Health Sciences. Clinically my interest lies in rehabilitation of various hand conditions & post reconstructive microvascular surgeries of hand & upper extremity. In this continuous journey of mine, I have enjoyed tremendous encouragement & support from my family. My husband Vijaykumar is Consultant Cardiologist practicing at Navi Mumbai. My daughter has done Masters in Information Systems ,currently working as Risk & Financial Advisory Consultant at Deloitte , New York, USA. My son is pursuing computer engineering at Father Agnel institute of engineering ,Vashi. I am indebted to my parents, my mentors Prof Dr Bharati Bellare (Ex Head of Physiotherapy ,LTMGH), Dr Mukund Thatte ( Sr Consultant Plastic & Reconstructive Surgeon, Bombay Hospital ) & Dr Vinita Puri ( Prof & Head , Department of Plastic & Reconstructive surgery, KEMH), Dr Sham Kishor ( Prof & Head, Department of Anatomy, Nair hospital), my patients & my students who have been a source of inspiration to me. I am extremely happy that I have been selected for the FAIMER fellowship & look forward to be with so many creative, resourceful people across the globe. I am sure this fellowship will improve my understanding of medical education & research and go long way in my search of excellence in teaching.



***Dr. Dronacharya Routh***

I am Colonel (Dr) Dronacharya Routh currently working as a Professor in the Dept. of Surgery, Armed Forces Medical College, Pune. I was born in Kolkata and did my UG training from Medical College, Kolkata. Thereafter, I joined the Armed Forces and after serving for 04 years did my MS in General Surgery in the year 2008 from Armed Forces medical college, Pune. Later on I also did my Super specialization, DNB in Surgical Gastroenterology from Army hospital (R&R), New Delhi. Being in the Armed Forces I had the opportunity to teach in various teaching hospitals of the forces including Army Hospital, Army College of Medical Sciences, Delhi and in AFMC. Being a surgeon I have a special interest in HPB and Laparoscopic colorectal surgeries but at the same time I have interest and do regularly take part in UG and PG teaching. I am actively involved in revising the present UG curriculum of our college. I try to keep myself updated by attending regular seminars, workshops, conferences & CME. I have 15 publications to my credit. I have one daughter who is studying in Sr KG in Pune. My wife is Dr. Nirmaljit Kaur who is a housewife. I enjoy travelling, mountaineering and watch hindi movies and music. I have a dream to contribute towards improving healthcare and also medical education in our country. I am thankful to FAIMER organization for my selection. I think it will be a great opportunity for me to meet others, exchange our ideas, in the field of medical education. I am sure I will get an ample benefit from this interactive educative programme and eagerly waiting to meet everyone in this programme.



***Dr. Dnyanesh M. Belekar***

Hi, I am working as Professor and Head, Department of General Surgery at Terna Medical College and Hospital, Nerul West, Navi Mumbai since last 5 years. I have completed my graduation from K J Somaiya Medical College, Sion and then also did my One Year Rural Service at Amaravati which was a pre PG Requirement. Later I did my Masters in General Surgery at LTMMCGH, Sion and simultaneously also completed my Fellowship of College of Physicians and Surgeons (FCPS) of Mumbai and Diplomate of National Board (DNB), New Delhi in 2003.

Later, I completed my Fellowships of Association of Surgeons of India (FAIS), Fellowship of Minimal Access Surgery (FMAS-Coimbatore) and became Member of National Academy of Medical Sciences (MNAMS). In 2012 I completed my Fellowship in Advanced Colorectal Surgery (FACRS) from Germany. Then, I completed my Fellowship of International College of Surgeons (FICS -Chicago, US) and Fellowship of Indian Association of Gastrointestinal Endo-surgeons (FIAGES).

Then, I completed my MCI Advance Course in Medical Education Technology in its 1<sup>st</sup> Batch 2014-15 from Nodal Center, GSMC. Later, I completed Fellowship of International Medical Sciences Academy (FIMSA - New Delhi) and Fellowship of American College of Surgeons (FACS) from Boston, US. I have recently completed Advance Course in Research Methodology from IMETTT, MUHS, Nashik.

I am a MUHS Recognized UG and PG Teacher and Examiner and have over 52 Publications to my credit. I have also written a book for UG Surgery Exams. My wife is Dr Gitanjali who is a Gynaecologist and one son named Avadhoot who is in 6<sup>th</sup> Std. I live with my parents and born and brought up in Mumbai. I like to listen to music and sing few songs and like to read and draw.

I am very excited to do this FAIMER Course from prestigious GSMC and looking forward to widen my Medical Education knowledge horizons further.



***Dr. T.S. Gugapriya***

I am Gugapriya, working as Additional Professor of Anatomy as well as coordinator of Centre of Medical Education Technology (CMET), All India Institute of Medical Sciences, Nagpur. I see myself as a focused and versatile anatomist, who believes in high standards of excellence which I imbibed since my formative years at Thanjavur Medical College and shaping years at Madras Medical College. I am a Tamilian by birth with pan Indian spirit of inclusivity.

Over the span of 14 years, I was provided with immense opportunities to experience different avatars like a clinically oriented anatomist, a researcher with varied interest resulting in 25 publications, a qualified administrator with flare for quality assurance monitoring, an organizer of national level CME, workshops and conferences, a team player working as a part of MEU and research committee resource pool, an enthusiastic trainer of UNESCO bioethics program heading the regional unit, and a socially responsible member secretary of sexual harassment of women at work place committee.

My son aged 10 years and my daughter aged 8 years always see's to that not even a single day looks boring to me. Baking and cooking, reading, playing stringed instruments and dancing classical dance add joy to this milieu.

I thrive in challenging environs and that's how medical education keeps me hooked. I am sure this prestigious FAIMER fellowship and its eminent faculties are going to help me flourish and bloom to my fullest potential. Feeling excited to part of FAIMER family.

Eager to learn and grow together.



***Dr. Harprit Kaur Madan***

I am Dr Harprit Kaur Madan, currently working as an Associate professor - Anesthesia and Critical Care department in HBT Medical College and Dr RN Cooper Municipal General Hospital.

I was born and raised in Mumbai and did my primary medical training from Sion hospital Mumbai, further I have also completed my Diploma in Anesthesia from KEM College and my DNB in Anesthesiology from MD Oswal Cancer Research Institute. I have also completed a visiting fellowship in cardiac anesthesia from Mayo Clinic, Rochester. Done my fellowship in critical care medicine from KEM hospital. Pursued a Diploma in hospital administration.

I have been working in HBT Medical college since its inception in November 2014, before that I worked in BYL Nair Hospital and TN medical College as an Assistant Professor in Anesthesia Department for 8 years . I have worked in various municipal hospitals such as KEM, Nair, Rajawadi and Pvt hospitals such as Hinduja and Oswal Cancer Hospital.

My academic interest is in Anesthesia, Pain Management and regional anesthesia. I am involved in teaching UG students and post graduate students, I have been called as external examiner in DNB exams across India and for Formative assessment exams of DNB in Mumbai in various hospitals . I have been called as an invigilator for PG NEET examinations

I like to update my knowledge by attending seminars, workshops, conferences & CME. I have many publications to my credit. I was one of the founding member of Medical Educational Unit (MEU) at HBTMC & Dr RN Cooper Hospital from 2014 to 2015.

I have authored 2 Topics in CME Book; Treatment of spinal hypotension: Proactive or reactive? Regional anesthesia -is it a possible alternative in spine.

I have been the organizing secretary for Anesthesia Department CME's in our hospital. I have also been a faculty for various other CME's and workshops. I am the sports coordinator for MUHS for HBTMC, JT secretary of sexual harassment committee and member of Anti Ragging committee in HBTMC.

I am the founding Member and ex-President of Students Gymkhana committee.

Being a member of various committee helped me create a good rapport with the undergraduate and post graduate students of different levels.

In my family, is my husband Dr Rajinder Singh, Associate Professor and Head of Unit in Dept of General surgery in HBTMC and my beautiful daughters.

I am very ambitious in medical academia and find the soft skills education and patient empathy and interaction has a lot of room for academic improvement.

I am thankful to FAIMER organization for my selection and providing me an opportunity to explore and improve medical education with my project and Research





***Dr. Kavita Sanjeev Joshi***

I am Dr. Kavita Sanjeev Joshi, currently working as an Associate Professor & Head of a Medical unit in the Department of Medicine at Seth G S Medical College, & KEM Hospital, Mumbai. I have done my schooling and Jr College from Mumbai. I had the honor of studying in the twin institute of Seth GS Medical College and KEM Hospital as an undergraduate and postgraduate student of Medicine. I have been working as a UG and PG teacher in Medicine for the past 20 years. In 2012, I got my Fellowship in HIV Medicine from CMC, Vellore. I am heading the HIV Medicine services of my institute as an ART & ART plus Nodal Officer. My special interest is in Infectious diseases, HIV & HIV discordant couples. I am a Mentor for the Infectious Disease Fellowship (University approved), granted 10 seats under me. I am been working as a member of the Institutional Ethics Committee of our institute for the last 3 years, also serve as Member on Stem cell Ethics committee, Kokilaben Dhirubhai Ambani Hospital & Medical Research Institute since 2019. I serve as Treasurer, Research society of my institute. I have many publications to my credit. I am been surrounded by Doctors at home too, as my husband Dr. Sanjeev Joshi too is a doctor working as an Administrative Medical Officer. My both in-laws were leading general medical practitioners at my locality. I am a good cook and I love to travel. As my academic career progressed realized that there is so much more to teaching than knowing about the subject. As an Associate Professor in Medicine, I had been trained in MET basic course, research methodology and Curriculum Implementation Support Program. I want to improve on my skills as a teacher for my undergraduates as well as postgraduate students. Medicine as a subject is the foundation of a medical graduate. A teacher better equipped with advanced medical education training is very much needed. The skills, I will gain from FAIMER fellowship will make me, able to do my job better and grow as a person.



***Dr. Kirti M. Jamdar***

I am Mrs. Kirti M. Jamdar, currently working as an Assistant Professor in Leelabai Thackersey of College, S.N.D.T Women's University, Churchgate. I am resident of Thane since 20 years. I have completed my undergraduate in 2004 and post graduate in 2009 in Nursing from Leelabai Thackersey College of Nursing, S.N.D.T Women's University itself. I have clinical experience as a staff Nurse in Lilavati Hospital in ICU and AKD department for 2 years from 2004 - 2006. Have worked as a clinical instructor in Terna Nursing College for 6 months.

Currently I am pursuing my PhD degree from MGM Institute of Health Sciences, Kamothe. I am involved in teaching undergraduate students since 2009 and is working as the class coordinator since past 8 years.

I love doing clinical supervision for my students in the hospital set up. I live in a nuclear family with my husband and an 8 years old daughter in Thane.

I am thankful to FAIMER organization for my selection and giving me the opportunity to improve my knowledge and skills in the education field. I am sure I will be benefited from this interactive educative programme.



***Dr. Kranti Tekulapally***

I am Dr. Kranti Tekulapally. I was born in a quaint little town on the outskirts of Hyderabad but have spent most of my life in Hyderabad. I completed my UG from Shri. B.M.Patil Medical College, Bijapur, Karnataka and PG from Deccan College of Medical Sciences, Hyderabad. I am currently working as an Associate professor in the Department of Pharmacology, Malla Reddy Medical College for Women, Hyderabad. I happened to be a teacher by accident but I gradually developed a passion for teaching and for medical education. I completed Revised Basic Course and Advanced Course in Medical Education. I am also trained in Curriculum Support Implementation Program. I hold a PG Diploma in Clinical Research and regularly plan research projects. I have twelve publications in various national and international journals. My husband, Mr. Somaraju Raghunandan holds a Bachelor's degree from IIT Mumbai and Master's degree from University of Oklahoma, USA. He works as a lead engineer in a private software firm. I have a 13 year old daughter and a 6 year old son. I enjoy reading novels and drawing. I truly believe that what is necessary to become a competent doctor is critical thinking and reasoning skills. I hope that the expertise and skills gained through FAIMER will help me in following my passion and enlightening young minds to become competent next-gen doctors. I sincerely express my gratitude towards the selection committee for choosing me to be a part of this prestigious Fellowship.



***Dr. Rachita Nanda***

I am Rachita Nanda, currently working as Additional Professor in the department of Biochemistry at All India Institute of Medical Sciences, Raipur. My graduation and postgraduation was completed from SCB Medical College and hospital, Cuttack Odisha. I am working at AIIMS Raipur since 2013, and involved in teaching MBBS, MD, B.Sc (Nursing) and B.Sc(MLT) students. I am a member of the Medical Education Unit of my Institute where we conduct training sessions for new faculties and students. I feel the sole purpose of teaching is not to impart education but to inspire and motivate the other individual to aspire for his dreams. Apart from medical education, my area of interest lies in autoimmunity, thyroid disorders and diabetic foot ulcers. I am thankful to GSMC-FAIMER Institute for accepting me as a fellow and hopeful to have a unique experience of feeling enriched during this period. I am married to a pediatric surgeon and have a 14 year old son. My hobbies include travelling, watching movies and listening to film songs.



***Dr. Samjhana Basnet***

I am Dr. Samjhana Basnet, currently working as a lecturer in Emergency Department of Dhulikhel Hospital Kathmandu University Hospital, Kawe, Nepal since 2016. I was born in Thecho, Lalitpur.

I have done Master in Emergency Medicine from Tianjin Medical University, where I also attended undergraduate studies, MBBS. I am trained at different hospitals of Nepal from rural to urban areas of Nepal along with Royal College of Surgeons in Ireland and Tianjin General Hospital, China. I am efficient and capable to provide excellent clinical care and satisfaction to the patients and their guardians about trauma, non-trauma, acutely ill patients and Gender Based Survivors. I concentrate on the patient's immediate treatment and re-evaluated various methods of diagnosis and patient management dependent upon urgency and requirements to a patient.

My practice focuses on emergency patients who need immediate treatments and works in association with faculties, medical officers, residents and interns. I am course Director of Basic Life Support course in Dhulikhel Hospital. I am also a focal person for one-stop crises management centre. I have participated in many trainings such as advanced trauma life support, Rural Trauma Team Development Course and Trauma and Disaster Team Response Course, Primary Trauma Care Nepal, Sexual and Gender based violence prevention Hospital Preparedness for Emergencies (HOPE) organized by Institute of Medicine and World Health Organization, Ultrasound, CT, MRI Education Programme in Nepal (OBS, Fetal, Neonatal and Congenital Anomalies) organized by JWLEE Centre for Global Medicine and Seoul National University at Dhulikhel Hospital, proposal writing, research analysis, article publication, New Born Life Support (NLS) Provider Course organized by North Tees and Hartlepool NHS Foundation Trust (NHS), and many more. I have a great desire to improve the healthcare system of Nepal. I am thankful to FAIMER organization for my selection and very proud to be part of it. I think it's a great platform to meet people and exchange our ideas in the field of education. I am sure that I will learn more and will be able to contribute what I learn. I am very keen to meet everyone in the programme.



***Dr. Smitha Elizabeth***

I am Smitha Elizabeth, currently working as an Assistant Professor and Course director of Neurobiology course, in the department of Anatomy & Neurobiology, College of Medicine & Health Sciences, National University of Science & Technology, Sultanate of Oman (previously named- Oman medical college) since 2015. I have been involved in teaching undergraduate and postgraduate medical and undergraduate paramedical students for the past 14 years. As an academician teaching is my passion. I attempt to teach by innovative methods, in order to generate interest in the subject and encourage them to be critical thinkers and not just memorize the subject. I have been involved in research activities both in the field of Anatomy & Medical education. I am actively involved in conducting various teaching learning activities like PBL, Team based learning, inter-professional simulation, both horizontal & vertical integration and peer teaching. Apart from coordinating the neurobiology course, I am a member of various committees in my institution and actively involved in formulating the new curriculum of Human Structure & Neurobiology. I regularly like to update my knowledge by attending workshops, CME, and conferences.

I am basically from Secunderabad, Telangana and completed my UG & PG from Vijayapura, Karnataka, which is also the place of my husband Rev Sudhakar who is a Pastor, my daughter Sharon is presently pursuing her bachelor studies in Psychology in Bengaluru. I enjoy listening to music, watching crime series and spending time with family.

I am thankful to FAIMER organization for my selection, and feel privileged to be a part of such a reputed institution in completing the course. I am sure that I will upgrade my knowledge in medical education and will learn and unlearn from the academicians I would meet during the course. I am eagerly looking forward for this educational feast!



***Dr. Vikram Londhey***

I am Dr. Vikram Anant Londhey, currently working as Associate Professor of Medicine and In-charge of Rheumatology, Head of Unit at Hinduhridayasamrat Balasaheb Thackrey Medical College and R. N Cooper Hospital, Mumbai. I am a True Mumbaikar, born in Mumbai and educated in Mumbai. UG from TNMC & BYL Nair Ch. Hospital, PG from Grant Medical College and SirJJ Group of Hospitals, Mumbai. I joined as Lecturer in Medicine Department at TNMC in 2002, became Associate Professor (Adhoc) in 2010 at TNMC and then transferred to HBTMC in August 2015 as Associate Professor (Adhoc). I underwent a Visiting Observership in Rheumatology at Southend University, UK. It was a pleasure in teaching UG Students in MBBS, BDS, Physiotherapy & Occupational therapy while at Nair and now teaching MBBS, CPS and DNB students while at Cooper. I have been guide to PG Students in Medicine from 2007 to 2015 at TNMC. Now guiding DNB Students in Medicine at Cooper. I have 50 publications to my credit which consist of Case Reports, Original Articles, Editorials & Review Articles. I have authored about 15 chapters in various Textbooks & Medicine Update books. I have been part of Organising team for National conferences, worked as Secretary of API Mumbai branch (2014-2015), part of Editorial Board for Journal of Association of Physicians of India and API textbook of Medicine.

On family front, My wife is Associate Professor of Medicine at Sion Hospital and a 12 year old daughter studying in 7th Std. I like cooking, travelling, reading, watching movies, dramas & television serials. I am grateful to FAIMER for my selection. I think it's a great opportunity to meet other teachers from various institute, exchange our ideas in the field of medical education and learn a lot. I am sure it will be a lifetime bond which will be weaved with a new family. Looking forward to meet all the new FAIMER Fellows and the existina Faculty.