

GSMC – FAIMER Regional Institute

Bionote of 2013 Fellows



Dr. Anju Kapoor

Hello! I am Anju, presently working as Professor in the department of I am born and brought up in Allahabad, a pious city situated at the bank of holy river Ganga. I did my MBBS from MLN Medical College, Allahabad and MD (Pediatrics) from King George's Medical College, Lucknow in 1997. started my academic journey as teacher and learner from Pramukh Swami Medical College, Karamsad, Anand, Gujarat where I worked from 1998 to 2006 before moving to Bhopal. Apart from taking care of the patients I have been involved in teaching of undergraduates and postgraduates of medical, paramedical and nursing students. I am also a faculty for PALS (Pediatric advanced Life Support) course, NRP (Neonatal Resuscitation Program - basic and advanced courses) and IMNCI. My husband Dr. Anil Kapoor is working as Professor of Medicine in the same institute. A FAIMER fellow himself, he has been the source of inspiration for me to apply for this prestigious fellowship. We are blessed with two bright stars; Ananya our daughter, studying in class IX and Aditya our son, studying in class III. I am excited for being selected and looking forward to a lifelong association with so many of like minded faculty across the globe! From the fellowship, I wish to learn the 'art and science' of medical education and research and groom my leadership skills.



Dr. Dipti Lambade

I, Dr. Dipti Lambade, was born in Warora, a small town in Vidarbha, Maharashtra. I did my B.D.S. from Government Dental College, Nagpur in 1995 and M.D.S. in Prosthetic Dentistry from VSPM's Dental College, Nagpur in 2010. I have been involved in teaching Undergraduates since 17 years. I have special interest in Oral Implantology and Maxillofacial Prosthodontics. I developed interest in Medical Education when I came across the stalwarts in this field During various MET workshops. I am an optimistic person, a keen learner and believe in hard work. My father is a retired school principal and mother is a housewife. I am married to Dr. Pravin Lambade, Oral and Maxillofacial Surgeon and Vice Dean at Swargeeya Dadasaheb Kalmegh Dental College, Nagpur. He is a source of inspiration for me in all the endeavors, I undertake. We are blessed with two sons -Sushrut and Arnav, who consider me as the best teacher in the world. I like listening to the music and reading. I have completed my "Visharad" in Sanskrit. I am indeed exited to join FAIMER Fellowship .This would be a great experience to share views with enthusiastic academicians from medical field.

Dr. Farzana Mohdi



I am Farzana Mahdi, currently working as Director Academics in Era's Lucknow Medical College. As an academician I learnt that our system of medical education is laying lot emphasis on theoretical aspects. There is very little being done for the development of clinical skills. In order to cover up these lacunae I developed my special interest in skill based learning for medical student. I was born in Lucknow, Uttar Pradesh and completed my schooling there, My father was a teacher My husband Dr. Abbas Ali Mahdi is Head of the department of Biochemistry at King George's Medical University, Lucknow, India I did my MSc. Form Lucknow University and Doctrate from Kanpur University. Subsequently joined as faculty in the Department. of Biochemistry. I have two sons who are in school at Lucknow. I love to read and travel. I enjoy cooking, I believe that one should put in the best of their efforts and then leave everything else in the hands of Almighty for every task given. It is a great pleasure to be given an opportunity to meet others with an aim to acquire share and disseminate knowledge in the field of medical education. Hence I am looking forward to meet each one of you at Mumbai which also happens to be one of my favourite city.

Dr. Lalita Chandan



I am Lalita Chandan, Professor (Additional) of Physiology at seth G.S.Medical College, Mumbai. I was born at Bandra, Mumbai, Maharashtra. I completed my schooling there. I am Graduate and post graduate of Lokmanya tilak Medical College, Sion Mumbai and subsequently joined Seth GSMC as an assistant Professor. I am extremely passionate about teaching and this passion is what led me to Choose Medical physiology as my area of specialization. I am committed to making a difference as a medical teacher, who stimulates students thought process to relate their physiology Knowledge into daily activities. In doing so I like to use innovative teaching techniques. And I look forward for learning more in my FAIMER interactions. I love to travel and enjoy music. My husband, Pramod is specialist in Preventive and social medicine and works with the municipal corporation as medical officer health. We have five year old wonderful twins, Poorvi and Akshat. I look towards the FAIMER fellowship programme as a means to help me grow and to interact with best minds in medical education from across the globe.



Dr. M. G. Usha

I am Dr.M.G. Usha, working as Professor of Microbiology at J.J.M. Medical College, Davanagere, Karnataka. India. My area of special Interest is molecular & immunological diagnostics. Yes, my long time dream has come true! selected for GSMC-FRI 2013 fellowship. I think, at the right time I am on the right path as since very recently (from 3 months) I'm shouldering the responsibility as coordinator of Medical Education Unit of our college.

I have undergone basic MET course training at JNMC, Belgaum and at JIPMER, Pondicherry. I am interested to learn more on how to bring about effective learning by medical students so that they can effectively apply basic science knowledge in their future clinical practice which in turn will improve the quality of health care services. Recently I developed interest in assessment methods too. Eagerly waiting for June 3rd to join the 2013 class of GSMC-FRI , Mumbai.



Dr. Panjaja Raghav

She is Professor and Head, Community Medicine and Family medicine, AIIMS, Jodhpur. She is Member of Professional bodies e.g. Indian Public Health Association, Indian Association of Preventive and Social Medicine, Breast feeding promotion Network of India, Association of Industrial Psychiatry of India. Her recent areas of interest are reproductive and child health and Metabolic syndrome. She was awarded "Most popular and Best teacher" award by Padmashree Dr. D. Y. Patil Medical University in 2008 and is a university Gold Medallist in recognition for her performance in PGDHHM (Post graduate Diploma in hospital and Health Management) from IGNOU, New Delhi.



Dr. Smita Chavan

I, Dr. Smita S. Chavan, am currently working as an Assistant Professor in the Community Medicine, LTMMC & GH, Sion, Mumbai. I was born in Yavatmal District, Maharashtra. I completed my schooling there. My father was retired govt. employee and mother is housewife. My husband is Consultant Pediatrician in Vasai, Thane and we are blessed with a three year old baby boy. I did my MBBS in Govt. Medical College, Nagpur (2002) and MD (PSM) in T.N.M.C. & B.Y.L. Nair Ch. Hospital, Mumbai (2009) and subsequently joined as faculty in the Dept. of Community Medicine in LTMMC & GH, Sion, Mumbai (2009). Since last three years, I am working in the Community Medicine department sharing responsibilities of undergraduate teaching including medicine, physiotherapy, occupational therapy, nursing, etc. and postgraduate teaching along with various other activities like Surveillance of diseases, Community health camps, outreach activities, patient handling at Urban Health Centre, Dharavi, etc. We always use advanced teaching technology and try to modify the teaching session electronically with recent updates so as to make the medical education interesting to understand it better. I like to learn innovative things & always try to indulge myself in some productive work. I love to be with my family. I believe in God & think that He will also help them who wish to achieve something with hard work. I enjoy the two way teaching learning process with undergraduate & postgraduate students and I get along easily with them.



Dr. Satyprakash A. Rane

I Dr. Satyprakash A. Rane, am currently working as Associate Professor in the department of Biochemistry at Seth G.S. Medical College and KEM Hospital, Parel, Mumbai. I love teaching my undergraduate medical students those studying for their masters degree in Biochemistry and guiding students pursuing research. I have a special interest in photography as a hobby. I was born in Sanudale, Sindhudurga district, Maharashtra. I completed my schooling there. I did my M.Sc. in Biochemistry in Seth G.S. Medical College, Mumbai, (1984) and Ph.D. (Biochemistry) in 1991. I joined this college as Lecturer in department of Biochemistry in 1991. My family is complete with a daughter about to go to college and a son who is studying in an engineering college. I believe that a teacher is a student forever and to be a good teacher one has to respect the student as the secret of education is respecting the students. Joining FAIMER is like a dream come true as I will be able to once again become a full time student while keeping the perspective of a teacher. I am sure it will enrich me and the friendships and bonds that I hope to form will last me for my lifetime.



Dr. Vidyadhar Bangal

I am Dr.Vidyadhar, currently working as Professor in the Dept. of Obstetrics and Gynaecology at Rural Medical College Loni. Ahmednagar. I am working as a **clinician** (Gynaecologist and Obstetrician) , **teacher** for undergraduate and post graduates medical students and **trainer** for medical officers, nursing and paramedical staff working in various community health projects, since last 23 years .My areas of special interest are high risk pregnancy and obstetric emergencies .I am involved in curriculum development and revision at university level .I am active member of ethics and MET cell of Pravara Institute of Medical Sciences .I have published 70 papers in national and international indexed journals .I have visited Sweden through faculty exchange programme (2006) and USA through travelling fellowship to attend Women Deliver conference(2010). I have worked in projects funded by USAID, SIDA ,WHO, Pathfinder international , UNFPA ,MSACS , Mother NGO and NRHM. I was born in Akole ,a tribal village in Ahmednagar district of Maharashtra. I completed my schooling there. My father is a doctor .He served rural area for 45 years .He made me and my brothers understand the hardships and difficulties faced by rural and tribal poor people staying in remote and hilly areas.My mother is a house maker. She helped my father in his practice. I did my graduation from MGIMS Sevagram ,Wardha(1985).I was fortunate to see and hear Dr. Susheela Nair, a renowned Social scientist,straunch follower of Gandhian philosophy and Founder President of the institute. I did my postgraduate diploma (DGO-1988) under guidance of my mentor Dr S Chhabra at Sewagram and degree (MD-1990) at GMC Nagpur .I passed DNB exam in 1998.With the inclination towards teaching and institutional career, I joined RMC Loni in 1990. My wife Dr.Surekha, is Professor in Ophthalmology and is working at the same place as mine. I have two children (daughter-Rutuja -20 years -student of 2nd MBBS and Son-Suhrud-16 years-student of 11th class). I love to go for long walks and listen to soft music .I am a cricket lover. I enjoy cooking at weekends for my children. I strongly believe in doing hard work and try to accomplish the job with fineness and perfection .I dislike certain qualities like laziness, clumsiness, insincerity, un-useful and un thoughtful talking and not understanding importance of (others) time.

I consider myself lucky for having been selected for FAIMER fellowship programme .I look at it as the golden opportunity to learn about the advances in teaching methodology in medical education .I am sure that the programme will help me to reach higher level of my professional career. I am eager to meet the learned faculty at GSMC-Mumbai, headed by Professor Dr. Avinash Supe.



Dr. Tushar Jagzape

Greetings to all, I am Tushar Jagzape. I am presently working as Associate Professor in department of Pediatrics, at Jawaharlal Medical College Sawangi(M), Wardha. I was born and brought up in Nagpur. I did my MBBS from Government Medical College, Nagpur (2002) and MD (Pediatrics) from Rural Medical College, Pravaranagar Loni, Ahmednagar (Maharashtra). I like teaching, hence I joined JNMC immediately after passing MD. I was lucky that JNMC became part of Datta Meghe Institute of Medical sciences (DU) and the university started many of innovative methods in teaching like PBL, integrated teaching, OSCE etc. I participated actively in generating the learning resource material and implementing these various innovations. But I think other faculty members and the students need to be more aware of these innovations, so that they really enjoy these processes, because many a time's teachers and students fill that these things are additional burden on them. Through FAIMER fellowship program I am looking forward to meet other people interested in improving teaching learning experience and making learning student centered and share new ideas with them.



Dr. Yashodhara BM

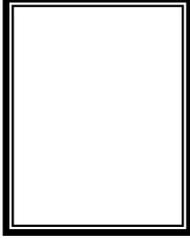
I am Yashodhara BM, working as Associate professor in the Dept. of Medicine in Melaka Manipal Medical College, Melaka, Malaysia. My special teaching-interests are in SCORPIO, e-learning, PBL and developing other resources for teaching medical students. I am mainly involved in teaching medical students post graduates and try to do it with innovative methods. I did my MBBS in Govt. Medical College, Mysore (1999) and MD (General/Internal Medicine) in PGIMS, Rohtak (2003), Fellowship in Gastroenterology in Manipal Hospital Bangalore (2007) and MRCP (UK) in 2011. I love to read topics related to Philosophy, Mathematics, Astronomy, Human Psychology, History, Geography and topics related health & food. I play Cricket and Chess. I like solving puzzles on Luminosity.com. I enjoy cooking, travel and learning about other cultures & traditions. I am trying hard to learn new languages, swimming and re-learn Mathematics. I believe that "Work is Worship. Everything is planned by the almighty and his plans are better than mine". It is a great pleasure to be given an opportunity to meet others with a similar goal to learn in the field of medical education. I express my sincere appreciation & gratitude to my institution and FAIMER, Mumbai for giving me this opportunity to learn. In fact I am really looking forward to meeting each one of you at Mumbai. Hoping that the months ahead will reap benefits for one another and for the institutions we represent.



Dr. Wasim Shaikh

Hello everyone, I am Wasim, an Indian by birth (1977, Vadodara, Gujarat, India). My family includes my parents (Dr. A. A. Shaikh and Mrs. A. A. Shaikh) wife (Lubna), daughter (Alisha, 4 $\frac{1}{2}$ yr) and son (Rayyan, 1 $\frac{1}{2}$ yr). My father is a retired Professor of Otorhinolaryngology, mother is a home-maker and a better-half is a home-maker cum science teacher. I enjoy family time, outdoor cycling, eating food, watching movies watching & playing soccer (online now a days). I firmly believe in what our father of nation Mahatma Gandhi said "Happiness is when what we think, what we say and what we do are in harmony". I had my schooling at Embassy of India School, Jeddah, Saudi Arabia. I did my graduation (MBBS, 2001), post-graduation (M.Sc. Medical Physiology, 2004) and doctorate (PhD Medical Physiology, 2009) at Pramukhswami Medical College (PSMC), Karamsad, Gujarat, India. Following my doctorate, I undertook specialized training in Cardiovascular Autonomic Function Testing through a two month short-term training program at the Autonomic Function Laboratory, Dept. of Physiology, All India Institute of Medical Sciences (AIIMS), New Delhi. Currently, I am working as an Associate Professor with department of Physiology at PSMC, Karamsad with a special interest in Cardiovascular Autonomic Functions in Health & Disease and Medical Education (Case-Based Learning, Research-Based Learning, Objective Structured Assessment and Professionalism). I believe that research, updated knowledge and honest student assessment are the key ingredients of teaching while sharing the information with peers and students creates a healthy and positive teaching culture. Adopting student centered, innovative and relevant methods of teaching and assessment keeps the profession of teaching exciting and challenging. Regarding my parent and current institute, PSMC, Karamsad, I would say that it has been the grace of Almighty that I am attached to such a professional institute from my student life till date. As a student and faculty, this institute has given me many opportunities to grow in my professional career and I hold great regards for the teachers, staff and the work culture at PSMC, Karamsad. Regarding GSMC-FAIMER Regional Institute Fellowship, I would say that it's a wonderful opportunity which I have been bestowed with to learn the science/art of medical education along with the other participants under the guidance of the faculty team of GSMC, FAIMER. I will always be grateful to the almighty, my parents and family, my teachers, especially my mentor Professor Dr. SK Singh, my institute PSMC, Karamsad and the GSMC-FAIMER team for helping me grow as a better human being. Well, all said, I wish all the participating fellows and the faculty of GSMC-FAIMER Regional Institute 2013, a great, exciting and happy learning experience together.

Dr. Lalita Fernandes



I am Dr. Lalita Fernandes, working as a Professor in Department of Pulmonary Medicine. I am actively involved in Pulmonary Research and like to teach post graduate students to conduct basic research. My students have won National awards for their research. I want to encourage research in the medical students and post graduates and make it interesting to them so that they continue the same in their medical practice. I was born and brought up in Goa, completed my schooling here and joined the Premier Medical College in Goa, where I studied Medicine and then joined as Faculty in Pulmonary Medicine. I have been teaching here for the last 19 years. I love traveling and meeting people and Europe is my favourite destination. I hope to meet like minded people at FAIMER and enrich my teaching capabilities and transfer the knowledge to my faculty so that student community and the general public can benefit.

Dr. M. H. Momin



I am Mohmmedirfan currently working as an Assistant Professor at Community Medicine Department, Government Medical College, Surat. I am having a passion to learn and to teach with innovative ways and adding fun in my lectures. Many of the times I go for debates with the students on various topics. I have uploaded my presentations on various websites which are freely available to anybody all over world and many people have downloaded it and presented in their own country. I am mainly involved in teaching medical students, post graduates and other allied health sciences students and try to do it with innovative methods. I was born in Ahmedabad, Gujarat, India. I completed my schooling there. I did my MBBS (2002) and MD, PSM (2006) from Government Medical College, Surat and joined the same Dept. as Tutor during residency. I have a cute daughter, Ariba studying in 1st std. at Delhi Public School and a smart son Aneeq (1y) enjoying his childhood at home. I like to serve the Humanity and spreading brotherhood among them. I believe that "I should put in my best to the best of my ability and then leave everything else to the Almighty" for any task given. I am a carom champion of my college. It is a great pleasure to be given an opportunity to meet others with a similar goal to learn debate, agree and disagree (!!) in the field of medical education. In fact I am really looking forward to meet each one of you at Mumbai. Hoping that the months ahead will reap benefits for one another and for the institutions we represent!



Dr. Kavita Krishna

I am Dr.(Mrs.) Kavita Krishna, currently working as Professor of Medicine at Bharati Vidyapeeth University Medical College and Hospital, Pune. I am a unit In-charge Medicine and In-charge of the Rheumatology clinic in the Department. I am a faculty for our Basic Medical education workshop, Research Methodology workshop as well as workshop on scientific writing, at BVUMC and also Research Methodology workshops at MUHS. I am a Post graduate teacher, examiner for undergraduate and post graduate examinations, presently in-charge of undergraduate teaching in General Medicine, Member of Medical Education Unit and Institutional Ethical Committee. I have published extensively in National and International peer reviewed journals. My special interests are, problem based learning, peer teaching and e learning. As a senior faculty in our college I am currently involved in all teaching-learning and patient care activities. An active member of the Medical Education unit at BVUMC, I was born and brought up in Mumbai. I graduated from GS Medical College - MBBS, MD, DNB (Medicine) 1993; worked as Lecturer Medicine for a Year thereafter. Since 1995, I am at the Dept of Medicine, BVUMC, Pune. On the clinical side, my special interest is in Rheumatology. I also passed the EULAR (European League against Rheumatic diseases) - certified course in Rheumatology in Oct 2012. I have 2 children, a son in class XII and a daughter in class VIII, both studying in Pune. My husband is a Dermatologist, practising in Pune. I love reading, travelling and listening to music. I have a very positive attitude to life and firmly believe there is no alternative to hard work. I am really looking forward to this fellowship. For me it is like home-coming, as GSMC is my alma mater. It will be wonderful to interact with some of my teachers, old friends, and make many new friends. I am sure it will be an enriching experience for all of us.



Dr. Sangeeta Pednekar

I am Sangeeta Pednekar currently working as a Professor & head of medical unit in the Dept. of Medicine, LTMMC & LTMGH, Sion, Mumbai. I am completely Mumbai-itian. I was born in Mumbai. I have done my UG & PG training from LTMMC, Sion. I worked in BYL Nair Hospital for 16 years and joined LTMMC in 2009 as a Professor. I am a lot Academician and have an interest in - Asthma, COPD, Diabetic, Geriatric patients. I am also involved in teaching medical UG and PG students & other health related branches & try to do it with innovative methods. I like to update my knowledge by attending seminars, workshops, conferences & CME. I have 80 publications to my credit. I am treasurer of Maharashtra association of Physician (MAP), Member of IMA, SRS, Ethics Committee etc . I am an Asst.coordinator of Medical Educational Unit (MEU) at LTMMC since 2010. I have organised Basic MEU workshop, guest lectures, Biostatistics Lectures etc. and always has interest for innovative techniques in Medical education (MET)I wish to get MEU of our institute to be MCI recognized at the earliest.. I have one daughter who is studying in I year BDS in Navi Mumbai. My husband is Dr. J. L. Pednekar, Surgeon & Practitioner in Chembur. I enjoy cooking, shopping, I like to watch Marathi dramas, music, & reading books. I have great ambition to improve healthcare by innovative methods. I get a lot of satisfaction after curing poor & needy people. I am thankful to FAIMER organization for my selection. I think it's a great opportunity to meet others, exchange our ideas, in the field of medical education. I am sure I will get an ample benefit from this interactive educative programme. It is really going to Be An Educational Feast for me. Eager to meet EVERYONE in this programme.